## What is a Cenacle?

Our Divine Mercy Cenacle is a continuation of the first Eucharist -Jesus left the Sacrament of the Eucharist as Spiritual nourishment for us. His crucifixion and death was an act of Divine Sacrifice and Divine Mercy. This is reinforced whenever we

gaze upon the Divine Mercy image. The rays of blood and water -the nourishment of the Eucharist and the cleansing of Baptism and Penance are visible signs of the continued and real presence of Jesus in our lives.

Our Divine Mercy cenacle is a meeting with the Lord Jesus through the reading of Scripture, Catechism and St. Faustina's diary. Our cenacle is based on the Diary which is a chronicle of her close relationship with Jesus and Mary. We gather as a group to read and to hear God's message to us. We pray as a group to help us learn our path through life,to come to an awareness of what our relationship with our Creator is and should be. This journey is long and sometimes painful- it lasts throughout our lifetime. During a cenacle meeting we reflect on the readings and share our insights into our personal understanding and impact the readings have on us and how we live our lives according to God's word. We seek to explore and develop our knowledge, understanding and practice of our Catholic faith. We learn the importance of humility and trust, hopefully importing these virtues into our humanity. The Diary is an account of St. Faustina's life in the convent of the Sisters of Divine Mercy. She is the "secretary of Divine Mercy" as Jesus guides and instructs her so that we may have this vessel -in His Mercy. This is one more example of his Divine Love for us'.

## Jim Westcott